

HONBU DOJO
PCYC Woolloomooloo
Sydney NSW 2011
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ZANSHIN SHOTOKAN KARATE-DO

MAILING ADDRESS:
5 First Ave
Lane Cove NSW 2066
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ZANSHIN WEEKEND 2010

Sydney Academy of Sport and Recreation

19 - 21 November 2010

Wakehurst Parkway, Narrabeen NSW 2101

International Instructor
Sensei Arie Farkash

Australian Instructor
Sensei Ron Richmond & Sensei Kora Nowak

REGISTRATION FORM FOR PARTICIPANTS

FULL NAME: _____ Male/Female _____
ADDRESS: _____ Age: _____
_____ Membno: _____
Phone: _____ Dojo: _____ Rank: _____
Emergency Contact: _____ Name: _____ Phone: _____

I WILL BE ATTENDING

Whole Weekend Seminar, Juniors and Students (Under 16 years)	\$280
Whole Weekend Seminar, Seniors	\$310
Accompanying non-training adult	\$160
Accompanying non-training junior	\$140
<i>(above fees inclusive of all training sessions, accomodation and meals)</i>	
Daily visitor participants, Seniors (includes all training, lunch, dinner)	\$160
Daily visitor participants, Juniors (includes all training, lunch, dinner)	\$140
Casual participants, Seniors, 2 training sessions/day, (no meals included)	\$100
Casual participants, Juniors, 2 training sessions/day, (no meals included)	\$75
<i>(NOTE: at these rates for daily and casuals, the whole weekend camp is much more cost effective)</i>	

I WILL BE GRADING:

KYU GRADING	with prior approval from (and grading fees paid to) your instructor
DAN GRADING	Grading fee on application Essays to be handed in at beginning of seminar

Accommodation will be in dormitories with bunk beds (6 per room).

Instructors will be able to use staff rooms which are twin-share.

All participants will need to fill out medical forms.

Please bring your own linen, or you may hire from the camp at \$12.50 per bed

PLEASE SEND FORM AND CHEQUE BY 5 NOVEMBER 2010 TO:

Zanshin Shotokan
5 First Ave, Lane Cove NSW 2066

Or email your application to zanshinr@optusnet.com.au

Electronic transfer to Zanshin Shotokan BSB: 032197
Westpac Account Number 237699